



# FAMILY STUDY

How Should We Worship?

EPISODE  
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NIV

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## "How Should We Worship?"

### All From the Heart or All For Nothing

If you're like most followers in Jesus, you know that you should worship Him, but perhaps aren't sure of how to go about it. After all, what does it mean to worship God? Where does one start? How does one go about it? As this study will show, there are countless ways in which we can worship God, and we will explore some of those ways here. But regardless of WHAT you do in your worship of God, it will all be in vain unless it flows from a heart that is full of love for God. We encourage you to study these concepts and the Scripture passages herein with your family this week, and may God show you how to make every activity of your life an act of worship, and how to make that worship flow from a heart that loves God.

#### Worship In Song...

God is the author of music. It moves us emotionally and spiritually in ways that cannot be described, and the primary purpose of music is for honoring God. Even the secular world is passionate about music. Yet, no form of music has as much power as songs sung in praise to God. Do you sing in church? You should—not because that's what everyone is doing, but because God longs to hear it! Don't have a good singing voice? It doesn't matter. God isn't listening for the sound quality of your voice. He's listening for the devotion from your heart; and to Him, it's a beautiful sound, because it shows what's in your heart. Don't you dare withhold your praises from God! Sing out!

1 Chron. 16:23	Psalms 61:8	Psalms 81:1	Psalms 108:1
Psalms 5:11	Psalms 66:2	Psalms 92:1-4	Psalms 149:5
Psalms 28:7	Psalms 67:4	Psalms 95:1	Acts 16:25
Psalms 33:1	Psalms 71:23	Psalms 100:2	

#### Worship In Devotion...

A key part of our daily worship of God is to build time into our daily schedules for prayer and reading God's Word. "But when would I find time for that?," you may ask. However, the issue is not a lack of time. The real issue is, in your heart, what is most important to you? If God is important, you'll make time for Him. Isn't God worth getting up 30 minutes earlier each day? If we are not searching the Scriptures for God's will in our lives, we will never know if we are on the right track or not. And lest we forget, be sure that your prayer life is fulfilling each day. Instead of thinking through and worrying about the details of your coming day, talk with God. Tell HIM what you're concerned about. Ask Him for help. And most importantly, ask Him to help you to glorify Him in everything you do. Dedicate your day to Him and watch how that sets the tone for the rest of your day!

Deut. 30:14	Psalms 77:12	Psalms 145:5	Mark 1:35
Joshua 1:8	Psalms 88:13	Proverbs 30:5	Luke 11:28
Psalms 5:3	Psalms 119:11, 15, 27	Isaiah 26:9	1 Thes. 5:17
Psalms 59:16	Psalms 119:48, 97, 148	Daniel 6:10	

#### Worship In Word...

We can worship God by the words that come out of our mouths. If the things we are saying are not pleasing to God, then we are not worshipping God. We cannot worship God and show Him gratitude while we are complaining and arguing. When we gossip about others we are tearing down someone He loves. The words that come out of our mouths need to give God credit

for the things He has done. They need to acknowledge, glorify and praise Him. We are worshipping God with our mouths when we encourage and lift up others.

Psalms 19:14	Psalms 145:4-5, 21	Matthew 12:36	1 Thes. 5:11
Psalms 35:28	Proverbs 16:23-24	Luke 6:45	
Psalms 40:10	Ecclesiastes 5:2	Eph. 4:29, 5:4	

#### Worship In Deed...

The things we do or don't do can be an act of worship to God. Even the things we do at work or around the house can be part of our worship. It all depends on the attitude of our hearts. If we have the mindset that we are serving the Lord, and if we therefore do our very best at whatever we do, then even the mundane activities of life can be part of our worship. This is also true when it comes to facing temptations. As Christians, our bodies are temples of the Holy Spirit. Anything we do, say, or think that is contrary to the desires of God is sinful. When we offer our bodies to the Lord as a sacrifice and purpose in our hearts not to give in to those temptations, then this also becomes an act of worship.

Genesis 15:6	John 14:15	Col. 3:23-24	James 3:13
Psalms 119:9-10	Colossians 3:17	James 1:22-25	1 Peter 2:12

#### Worship In Service...

While all of the areas we've previously explored in this study all constitute service to God, let's talk about active service in a ministry. Whatever form it takes, we should actively serve God by ministering to others. Failing to actively serve God for His glory will rob you of the blessings of God. If you truly desire to worship God in your heart, He will provide a ministry for you. Get involved, have the right attitude about it, and you will find yourself worshipping the Lord in a whole new way.

Mark 9:35	Galatians 6:10	1 Timothy 6:18	James 4:17
John 13:14	Ephesians 2:10	Titus 3:8	

#### Worship In All Things!

Once again, we see that worship is not merely a thing that we do, but rather a WAY to do all things. Worship is not an activity, it's an attitude. It's not an event; it's a lifestyle. Worship should permeate everything we do. Every word we speak, every activity we participate in, every thought that we have should seek God's glory.

Proverbs 3:6	2 Cor. 8:7	1 Peter 1:15	2 Peter 1:5-8
1 Cor. 16:14	Colossians 1:10	1 Peter 4:11	

#### It All Starts in the Heart!

Truly, everything we do should reflect our love for God, but that can only happen if our hearts are truly given over to Him, filled with love for God and driven by a desire to bring Him glory. We should dedicate every day to Him, spending daily time in His Word, communicating to Him in prayer, and singing His praises with thanksgiving. God doesn't want PART of us. He wants ALL of us, and He's entitled to that, because after all, He paid for it. Nothing we do for God will have any meaning unless it comes from the heart. What we do matters, but WHY we do it is also important. Give God your whole heart. Consider your life today and dedicate yourself to living your whole life in worship to God, and experience the joy of true worship!

Deut. 4:9, 29, 39	Joshua 22:5	Ps. 9:1, 19:14, 27:8	Prov. 21:2, 27:19
Deut. 6:5-7	1 Sam. 12:24, 16:7	Ps. 28:7, 37:31, 40:8	Matt. 22:37
Deut. 10:12-13	2 Kings 23:25	Ps. 84:2, 86:11-12	Hebrews 10:22
Deut. 26:16	1 Chron. 29:17	Ps. 119:2-11	